

**St. David's Institute for Learning
BLS TEST AND SKILLS TRACKING SHEET-2010 Guidelines**

Name: _____ Title _____ Facility _____ Unit/Dept _____

Course (circle): Healthcare Provider/Heartcode--New/Renewal Heartsaver--New/Renewal Family and Friends
Heartcode Students only do 1 & 2 Rescuer Adult and Infant skills-AED not required.

Instructor: _____ Date _____ Location: _____

SKILL	Pass	Repeat	Fail
Adult-Single Rescuer—REQUIRED FOR HEARTCODE			
Checks for responsiveness			
Calls for Help—EMS or Code			
Checks carotid pulse for 5-10 seconds			
Performs 30 compressions at least 100/min			
Gives two breaths with adequate chest rise			
Performs at least 2-3 cycles of 30 compressions and 2 breaths			
Instructor's Initial			
Adult-Two Rescuer—REQUIRED FOR HEARTCODE			
Initiates 2 rescuer CPR as above			
Continues CPR while 2 nd rescuer applies AED			
Does not touch victim while AED analyzes rhythm and shock is administered			
Resumes CPR immediately after shock administered.			
Performs at least cycles of 30 compressions while 2 nd rescuer ventilates			
Instructor's Initial			
Automated External Defibrillator--AED			
Turns AED on and follows directions			
Applies pads and plugs cable into AED correctly			
Does not touch pt. while AED analyzes rhythm.			
Clears patient with "I'm clear, you're clear, we're all clear"			
Press shock button without touching victim			
Takes over BMV and delivers 2 adequate breaths after every 30 compressions			
Instructor's Initial			
Infant-Single Rescuer—REQUIRED FOR HEARTCODE			
Checks for responsiveness			
Calls for Help—EMS or Code			
Checks brachial pulse for 5-10 seconds			
Performs 30 compressions at least 100/min			
Gives two breaths with adequate chest rise			
Performs at least 2-3 cycles of 30 compressions and 2 breaths			
Instructor's Initial			
Infant-two rescuer—REQUIRED FOR HEARTCODE			
Performs compressions with encircling hands technique at least 100/min			
Delivers 2 breaths with BMV after each 15 compressions			
Switches positions after 5 cycles			
Instructor's Initial			
Conscious Adult Choking			
Asks "Are you choking?"			
Positions hands appropriately for Heimlich maneuver			
Performs Heimlich maneuver and chest thrust			
Instructor's Initial			
Conscious Infant Choking			
Positions infant in head down/face down position			
Performs 5 back blows			
Performs 5 chest thrusts			
Instructor's Initial			

Comments: _____

HEALTHCARE PROVIDER CLASSES USE OTHER SIDE FOR WRITTEN TEST

Name: _____ Date: _____ Test Version: _____

**St. David's Institute for Learning
Healthcare Provider Written Exam Answer Sheet**

- 1. A B C D
- 2. A B C D
- 3. A B C D
- 4. A B C D
- 5. A B C D
- 6. A B C D
- 7. A B C D
- 8. A B C D
- 9. A B C D
- 10. A B C D
- 11. A B C D
- 12. A B C D
- 13. A B C D
- 14. A B C D
- 15. A B C D
- 16. A B C D
- 17. A B C D
- 18. A B C D
- 19. A B C D
- 20. A B C D
- 21. A B C D
- 22. A B C D
- 23. A B C D
- 24. A B C D
- 25. A B C D

SCORE: _____

Questions are 4 points each. Passing score is 84%. A score of 80% requires a verbal remediation of all missed questions. A score less than 80% requires remediation and a retest with a different version of the test.