

StDavid's HEALTHCARE

NURSE EXTERNSHIP PROGRAM – NURSING SKILLS CHECK OFF

STUDENT _____ **School** _____ **Semester** _____

Instructors validate nursing student skills by checking off the program through which the student obtained or validated the skills initialing, and dating each skill.

Skills	Check One							Instructor	Date
	UT	ACC	ATM	TSU	CU	TTU	Other		
Required upon hire:									
Standard Precautions: handwashing, gowning, gloving, infection prevention									
Activities of daily living: Bed making, hygiene, skin care, nutrition/feeding assistance, intake and output measurements									
Vital Signs									
Post-op patient needs: application of heat/cold, incentive spirometer, sequential compression device, application of TED hose									
Oral (mouth only) suctioning									
Ambulating/transferring/positioning									
Restraint application									
Oxygen therapy									
Removal of Foley catheters, collecting urine specimens from a Foley									
Knowledge of medical terminology, computer skills, physician order entry, electronic medical record									
Assist with aseptic/sterile procedures									
Additional skills (not required upon hire):									
Catherization – Foley, intermittent									
Non-medicated enemas									
Phlebotomy									
Removal of IV Catheter									
Patient set up for telemetry									
Rhythm strip interpretation (under specific conditions)									
Bladder scanning									
Point of care testing (glucose monitoring)									
Orthopedic splinting, Buck's traction									
Oral airway, nasal trumpet insertion (under specific conditions)									

* Instructor _____
Print Name
Signature